MUSE 2009 Vancouver, BC





## Introductions



**Speaker Info:** 

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Objectives

• Understand today's mobile computing technology

• Understand the potential future for mHealth

• Equip yourself to make wise, well-informed decisions





• Medical and public health practice via mobile devices

• Devices include: mobile phones, PDAs, monitors, etc.

• Data transmission across wireless networks





Defining mHealth

### **Example mHealth Use Cases**

- Collecting healthcare information from patients
- Delivering healthcare information to providers
- Real-time monitoring of patient condition (e.g. VS)
- Direct provision of care (mobile telemedicine)
- Mobile e-Prescribing





Defining mHealth

A Physician Might ...

- Access Electronic Health Records (EHR)
- Review lab results
- Order diagnostic tests
- Write electronic prescriptions
- Access medical reference data (e.g. ePocrates)





Defining mHealth

### An RN Might ...

- Positively ID a patient via barcoding
- Document interventions
- Document the administration of medications
- Capture patient specific charges
- Document the collection of lab specimens

Topics



- Wireless Networking
- Mobile Devices
- Data Security
- Emerging Technologies
- Emerging Applications

Baseline



## Practical PDAs: Handhelds for the Real-World



Presented by: William Lawson, CTO of MercuryMD Frank Fortner, Sr. Vice President of Iatric Systems

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Intric Systems MERCURYMD

#### **MUSE Flashback to 2003!**





## **Wireless Networking**





Wireless Networking

#### Back in 2003 ...

- 802.11b drove most wireless LANs at 11Mb/sec
- 802.11g was only weeks away from ratification
- Bluetooth was early in terms of industry adoption
- Cellular WAN technology was 2G (60-70kbps)
- Google and Apple were forming world takeover plans



#### **Wireless Networking Standards back in 2003**





Wireless Networking

### Today...

- **802.11g** dominates the scene at 54Mb/sec
- 802.11n is selling in a non-ratified form
- Bluetooth has people talking to themselves in airports
- Available cellular WAN technology is 3.5G \*\*
- Even faster technology is on the horizon

Wireless Networking

#### Wireless Networking Standards (2009)





Wireless Networking

#### WWAN (Cellular) Speeds







## **Mobile Devices**

Mobile Devices





#### MY, MY, how the time has flown!!



#### First sold in 1998

#### 16 MHz CPU



## Modern Mobility

**Mobile Devices** 

#### **Street Price = \$400!**

#### 2 MB of RAM

#### From the Palm III...



#### To the current 'King of the Hill'



- Memory
- Processing
- Battery Life
- Mobile OS
- Browser

Mobile Devices



## Mobile Device Considerations



**Mobile Devices** 

- Memory
- Processing
- Battery Life
- Mobile OS
- Browser





**Mobile Devices** 

- Memory
- Processing
- Battery Life
- Mobile OS
- Browser



#### **CPU Speed in MHz**

**Mobile Devices** 



• Memory

- Processing
- Battery Life
- Mobile OS

• Browser

#### PC.Authority.com.au

did extensive battery testing with these devices running them through a series of data and voice intensive operations.

**Upshot:** 35-120 Minutes under constant usage



**Mobile Devices** 

- Memory
- Processing
- Battery Life
- Mobile OS
- Browser



gs.statcounter.com





Mobile Devices

- Memory
- Processing
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- Mobile OS
- Browser



2009 Mobile Browser Marketshare

gs.statcounter.com





## **iPhone** (You say you want a revolution?)



iPhone Revolution

### **Top 5 Reasons for Apple's Success with iPhone**

- Revolutionary user interface
- AppStore
- Robust developer tools
- OS X (Apple should have called it the MacPhone)
- Enhanced storage capacity for music, video, apps, etc.





## **Data Security**



Data Security

#### Security of Data on the LAN (Problems)

- No barrier to entry / wall jack to find
- Anyone in range with NIC can access network
- Rogue access points hidden under desks



Modern Mobility Data Security

**Security of Data on the LAN (Solutions)** 

- Back in 2003, WEP was leading security solution
- WEP is "better than nothing" but can be hacked
- People tend to print out 26 character hex keys
- MAC filtering was also used; easily "spoofed"



Data Security

**Security of Data on the LAN (Solutions)** 

- Today, many still use WEP Encryption
- Those seeking tighter security use 802.1x
- With 802.1x, the key changes with every connection
- Popular implementations are PEAP and LEAP





Data Security

### Web Application Security

- Data encryption via SSL or optional client side cert.
- User authentication
- No data storage on mobile device
- No caching of user credentials





# **Emerging Technologies**



Modern Mobility Emerging Technologies

- 4G (LTE)
- Cloud Computing
- High Capacitance Batteries
- Flexible, touchscreen displays





# **Emerging Applications**





**Emerging Applications** 

- PHRs and Mobile Patient Portals
- Mobile Patient Monitoring (e.g. glucose meter)
- Enhanced MPOE & e-prescribing software
- Mobile Patient Care (telemedicine; video consults)
- Mobile Device Imaging (CT, MRI, X-Ray)



# **THANK YOU!!**



Thank you for attending!